

### FC Rüti - Einteilung Hallentraining Winter 2022/23, gültig frühestens ab 1. November

	Schwarz			Rekrutierungshalle		Ferrach	Platz 3 / Kunstrasen		
	A	B	C	links	rechts		links	mitig	rechts
<b>Montag</b>									
17:00 - 17:15	X	X	X	X	X	X			
17:15 - 17:30	X	X	X	X	X	X			
17:30 - 17:45	X	X	X	X	X	X	frei	frei	frei
17:45 - 18:00	X	X	X	X	X	X			
18:00 - 18:15	Fb	Eb	FS 1	X	X	Ed		Fb	
18:15 - 18:30	Fb	Eb	FS 1	X	X	Ed		(je nach Wetter/Temp., sonst Halle)	
18:30 - 18:45	Fb	Eb	FS 1	X	X	Ed			
18:45 - 19:00	Fb	Eb	FS 1	X	X	Ed	frei		Db
19:00 - 19:15									
19:15 - 19:30	Ba	JCa	Rüti 3	X	X	Dc			
19:30 - 19:45	Ba	JCa	Rüti 3	X	X	Dc			GA 6
19:45 - 20:00	Ba	JCa	Rüti 3	X	X	Dc			
20:00 - 20:15	Ba	JCa	Rüti 3	X	X	Dc			
20:15 - 20:30	Ba	JCa	Rüti 3	X	X	Dc			
20:30 - 20:45	1	1	1	X	X	Senioren	Damen		Goalie-Training
20:45 - 21:00	1	1	1	X	X	Senioren	GA 4		Aktive
21:00 - 21:15	1	1	1	X	X	Senioren			GA 7
21:15 - 21:30	1	1	1	X	X	Senioren			
21:30 - 21:45	1	1	1	X	X	Senioren			
21:45 - 22:00	1	1	1	X	X	Senioren			
<b>Dienstag</b>									
17:00 - 17:15	X	X	X	X	X	X			
17:15 - 17:30	X	X	X	X	X	X			
17:30 - 17:45	X	X	X	X	X	X	frei	frei	frei
17:45 - 18:00	X	X	X	X	X	X			
18:00 - 18:15	Ca	JCb	Ec	Da	Fa	Ea		Fa	
18:15 - 18:30	Ca	JCb	Ec	Da	Fa	Ea		(je nach Wetter/Temp., sonst Halle)	JD
18:30 - 18:45	Ca	JCb	Ec	Da	Fa	Ea			GA 4
18:45 - 19:00	Ca	JCb	Ec	Da	Fa	Ea			
19:00 - 19:15	Ca	JCb	Ec	Da	Fa	Ea			
19:15 - 19:30	X	X	X		Bb	Cb			
19:30 - 19:45	X	X	X		Bb	Cb	Ba		
19:45 - 20:00	X	X	X		Bb	Cb	GA 8		
20:00 - 20:15	X	X	X	Rüti 2	Bb	Cb			Rüti 1
20:15 - 20:30	X	X	X	Rüti 2	Bb	Cb			GA 5
20:30 - 20:45	X	X	X						
20:45 - 21:00	X	X	X	Rüti 2					
21:00 - 21:15	X	X	X	Rüti 2			A1		
21:15 - 21:30	X	X	X	Rüti 2					
21:30 - 21:45	X	X	X						
21:45 - 22:00	X	X	X						
<b>Mittwoch</b>									
13:30 - 13:45	X	X	X	X	X	X			
13:45 - 14:00	X	X	X	X	X	X			
14:00 - 14:15	X	X	X	X	X	X			
14:15 - 14:30	X	X	X	X	X	X			
14:30 - 14:45	X	X	X	X	X	X			
14:45 - 15:00	X	X	X	X	X	X			
15:00 - 15:15	X	X	X	X	X	X			
15:15 - 15:30	X	X	X	X	X	X			
15:30 - 15:45	X	X	X	X	X	X			
15:45 - 16:00	X	X	X	X	X	X			
16:00 - 16:15	X	X	X	X	X	X			
16:15 - 16:30	X	X	X	X	X	X	frei		
16:30 - 16:45	X	X	X	X	X	X			
16:45 - 17:00	X	X	X	X	X	X			
17:00 - 17:15	X	X	X	X	X	X			
17:15 - 17:30	X	X	X	X	X	X			
17:30 - 17:45	X	X	X	X	X	X			
17:45 - 18:00	X	X	X	X	X	X	Fc		
18:00 - 18:15	X	X	X	X	X	X	Fc		
18:15 - 18:30	X	X	X	X	X	X	Fc	Technik Jun. D	Ed
18:30 - 18:45	X	X	X	X	X	X	Fc	GA 6	GA 1
18:45 - 19:00	X	X	X	X	X	X	Fc		
19:00 - 19:15	X	X	X	X	X	X			
19:15 - 19:30	X	X	X	X	X	X			
19:30 - 19:45	X	X	X	X	X	X	Damen		
19:45 - 20:00	X	X	X	X	X	X			
20:00 - 20:15	X	X	X	X	X	X			
20:15 - 20:30	X	X	X	X	X	X	Rüti 3	Sen.	Vet.
20:30 - 20:45	X	X	X	X	X	X	GA 8	GA 6	GA 7
20:45 - 21:00	X	X	X	X	X	X			
21:00 - 21:15	X	X	X	X	X	X	frei		
21:15 - 21:30	X	X	X	X	X	X			
21:30 - 21:45	X	X	X	X	X	X			
21:45 - 22:00	X	X	X	X	X	X			

	Schwarz			Rekrutierungshalle		Ferrach	Platz 3 / Kunstrasen		
	A	B	C	li	re		links	mitig	rechts
<b>Donnerstag</b>									
17:00 - 17:15	X	X	X	X	X	X			
17:15 - 17:30	X	X	X	X	X	X			
17:30 - 17:45	X	X	X	X	X	X			
17:45 - 18:00	X	X	X	X	X	X	Eb	Ea	Dc
18:00 - 18:15	X	X	X	X	X	X	GA 6	Ga 9	GA 8
18:15 - 18:30	X	X	X	X	X	X			
18:30 - 18:45	X	X	X	X	X	X			
18:45 - 19:00	X	X	X	X	X	X			
19:00 - 19:15	X	X	X	X	X	X			
19:15 - 19:30	X	X	X	X	X	X			
19:30 - 19:45	X	X	X	X	X	X			
19:45 - 20:00	X	X	X	X	X	X			
20:00 - 20:15	X	X	X	X	X	X			
20:15 - 20:30	X	X	X	X	X	X			
20:30 - 20:45	X	X	X	X	X	X			
20:45 - 21:00	X	X	X	X	X	X			
21:00 - 21:15	X	X	X	X	X	X			
21:15 - 21:30	X	X	X	X	X	X			
21:30 - 21:45	X	X	X	X	X	X			
21:45 - 22:00	X	X	X	X	X	X			
<b>Freitag</b>									
17:00 - 17:15	X	X	X	X	X	X			
17:15 - 17:30	X	X	X	X	X	X			
17:30 - 17:45	X	X	X	X	X	X			
17:45 - 18:00	Db	A1	FS 2	X	X	X			
18:00 - 18:15	Db	Ausweichmöglichkeit	FS 2	X	X	X	JCb	Goalie-Training	Cb
18:15 - 18:30	Db		FS 2	X	X	X	GA 4	B/C	GA 8
18:30 - 18:45	Db		FS 2	X	X	X			
18:45 - 19:00	Db		FS 2	X	X	X			
19:00 - 19:15	X	X	X	X	X	X			
19:15 - 19:30	X	X	X	X	X	X			
19:30 - 19:45	X	X	X	X	X	X			
19:45 - 20:00	X	X	X	X	X	X	JCa		Da
20:00 - 20:15	X	X	X	X	X	X	GA 3		GA 7
20:15 - 20:30	X	X	X	X	X	X			
20:30 - 20:45	X	X	X	X	X	X			
20:45 - 21:00	X	X	X	X	X	X			
21:00 - 21:15	X	X	X	X	X	X			
21:15 - 21:30	X	X	X	X	X	X			
21:30 - 21:45	X	X	X	X	X	X	Napoli Club	Bb	A 1
21:45 - 22:00	X	X	X	X	X	X	GA 9	GA 8	GA 6
<b>Samstag</b>									